

Your Three Week Menu

Monday

Tuesday



Wednesday



Thursday



Friday



WEEK ONE

Beef/Veggie Burger in a Bun with Potato Wedges and Baked Beans or Seasonal Vegetables

**Deli Option
Choice of Breads and a Selection of Fillings Served with Salad**

Apple Pie and Custard

Spaghetti Bolognese/Vegetarian Bolognese with Garlic Bread and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Chocolate Crispy Cake and a Fruit Wedge

Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy

**Deli Option
Choice of Breads and a Selection of Fillings Served with Salad**

Iced Sponge Cake

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Cheese and Crackers and Fruit Salad

MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans

**Deli Option
Choice of Breads and a Selection of Fillings Served with Salad**

Shortbread Finger and Fruit Wedge

WEEK TWO

Pork/Quorn Sausage and Bacon, Scrambled Egg, Hash Browns and Baked Beans

**Deli Option
Choice of Breads and a Selection of Fillings Served with Salad**

Apple Sponge and Custard

Ham, Sweetcorn and Cheese/Vegetarian Pasta Bake with Crusty Bread and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Chocolate Crunch and a Fruit Wedge

Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy

**Deli Option
Choice of Breads and a Selection of Fillings Served with Salad**

Banana Custard

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Fruit Platter

Cheese & Tomato Pizza Chips and Garden Peas or Baked Beans

**Deli Option
Choice of Breads and a Selection of Fillings Served with Salad**

Ginger Biscuit and Fruit Wedge

WEEK THREE

Beef/Veggie Meatballs and Spaghetti in Herb and Tomato Sauce with Garlic Bread and Seasonal Vegetables

**Deli Option
Choice of Breads and a Selection of Fillings Served with Salad**

Sticky Toffee Pudding and Custard

Cheese and Ham/Vegetarian Pinwheel with Potato Wedges and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Chocolate Muffin and a Fruit Wedge

Homemade Steak/Vegetarian Pie with Mashed Potatoes, Seasonal Vegetables and Gravy

**Deli Option
Choice of Breads and a Selection of Fillings Served with Salad**

Fruit Jelly and Fruit Wedge

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Fruit Salad

MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans

**Deli Option
Choice of Breads and a Selection of Fillings Served with Salad**

Melting Moment and Fruit Wedge

Available every day – Unlimited salad, fresh fruit platter, fresh bread, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team

